

vine v.1/N.5

week 6.

NEWS  
FARM  
WORKERS  
REPAIRS  
WHEEL  
HOGES

most farmers wish for  
elves

and hire workers

we asked for  
volunteers  
and got a  
family

You don't  
have to be a farmer to help! Away from the farm, our  
volunteers do amazing work:

lab assistant. teacher. IT professional.  
lawyer. professor. handywoman.  
Carpenter. librarian. researcher.  
dancer. Student. artist. musician.  
graphic designer. editor. tutor.  
clown. self-defense teacher!

★ even little  
farms take a lot of work!  
thank you.

WHEEL  
HOGES

COMPOST  
SPREADERS  
FORKERS  
RAKERS  
SCUFFLE  
HOSES

FLAILERS  
LIVESTOCK  
VOLUNTEERS

without  
you're  
farm! U. without  
you're  
farm grow.

WAKE UP!  
IT'S FINALLY  
COOL ENOUGH  
TO GET SOME  
WORK DONE!



A note to our amazing  
you it wouldn't be worth it  
With you we laugh and sing  
mind us why we do this - you make our work day  
you are so grateful for community  
volunteer work and eat. you're  
ever farm grow.  
COMMUNITY WORK DAY  
10AM - 2PM  
ALL AGES  
25 VP

one way to draw a Beet

① DRAW A HEART, THEN ERASE THE "v"

② ADD LITTLE BITTY ROOTS TO THE END

③ GIVE IT 3 TALL WHISKERS WHERE  
THE "v" WAS

④ GIVE EACH  
WHISKER ALONG  
BALLOON

but not the  
only way

one way to draw a  
CHICKEN

① TRIANGLE MINUS ONE SIDE

② ADD A CIRCLE

③ ADD A "W" AND AN "m"

④ ADD A 2nd circle - erase overlap

⑤ NOW DRAW AN "L" w/ A LONG LEG

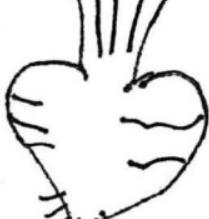
⑥ AND SOME LEGS w/ UPSIDE-DOWN, POINTY

"W"'S FOR FEET

⑦ ADD A POINTY  
"M" FOR TAIL  
FEATHERS...



⑤ ADD  
WRINKLES



make imperfect  
farm art!!  
how do you draw  
beets and chickens?  
PETTY + CHICKEN VERSIONS  
OF THEM ON OUR FRIDGE, PUT



AND A • FOR AN  
EYE,  
B'KAW!

# 5 WAYS CUCUMBERS

Will Keep you COOL!



One of the few vegetables you just can't cook, cucumbers are the perfect snack for hot, humid summer days.

- ① Slice a cucumber, toss with lime juice, cilantro, and a dash of rice vinegar
- ② Slice a cucumber, toss with chopped basil, lemon juice, crumbled feta, and white wine vinegar.
- ③ Slice a cucumber, toss with yogurt, a dash of lemon juice, and fresh mint.
- ④ Slice a cucumber. Top each slice with a dollop of cream cheese, your favorite chopped herb, a bit of black pepper.
- ⑤ Slice a cucumber, toss with arugula, goat cheese, diced red onion, and a splash of balsamic vinaigrette.

# Who makes all these holes in my food? holy arugula!

Pests... they are everywhere! Because we don't use pesticides (yuck!), we do a whole lot of other things to protect our crops from all the bugs - we cover 'em with row cover so nothing can crawl in, treat our soil with lots of compost, teeming with 'beneficial bugs'... and sometimes pick pests off and squish 'em bare handed! Even so... some bugs still get in - and make those irritating holes!

## The flea Beetle

only 1/16" - tiny little flying beetles that make lots of tiny round holes in... pretty much anything with leaves! They are the worst when they emerge in spring. We cover everything larva with netting

## Mexican Bean Beetle

Eat leaves of beans, can chew away whole plants, leaving nothing. Over winter on field edges. Lay their eggs on bean leaves.

## Army Worms

Larvae! Brownish green with white stripes - they eat at night and hide during the day. They eat big holes in lots of different kinds of vegetable crops.

## Cabbage Lopper

These bright green larvae chew up broccoli, cabbage, kale and other brassica leaves. They "loop" their bodies to move. Emerge in early spring.

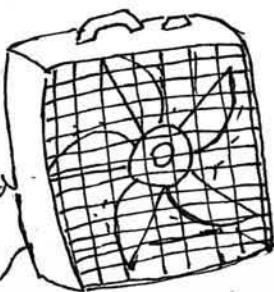
## Cucumber Striped Beetle

Yellow and black, they are fast movers, eating leaves of squash, cucumbers. They bury their eggs in soil at base of plants. We squish 'em when we see 'em!

# FARM NEWS

## WHAT WE'RE GRATEFUL FOR:

- VOLUNTEERS!
- WINDOW FANS
- Porches
- a working rototiller
- mulch and burlap that smother weeds and make our work less overwhelming



## WHAT WE'RE READING:

Laura: My Life In France, Julia Child  
 Ariel: AWAKENINGS, OLIVER SACKS

## WHAT WE'RE EATING:

- the last of last summer's salsa yum!
- pesto pesto pesto! tossed with pasta, sautéed squash and browned tofu
- CUCUMBER-ARUGULA-CHEDDAR Sandwiches
- Steamed Kale and Broccoli with Scrambled eggs and spicy peanut sauce
- Zucchini muffins and fritters
  - ICE CREAM



## WHAT WE'RE LOVING:

- 3 dozen eggs a day
- Bright, green, tall, leafy, beautiful, fruit-loaded tomato plants
- OUTRAGEOUSLY BIG BUSHY BASIL
- early morning and late evening light
- shade and breeze



## WHAT WE'RE NOT LOVING:

- 95° F, dry dusty thirsty soil!
- an entire planting of hakurei turnips infested with cabbage root maggots



## \* WHAT WE'RE LISTENING TO:

Laura: The Carolina Chocolate Drops  
 Ariel: The Mammals

## \* WHAT WE'RE WEEDING:

- NEW, Baby squash and cucumbers
- HOT PEPPERS (we ran out of straw before we could mulch them...)
- BASIL • Geeks (4 Geeks of 'em, all sizes)
- BIG GRASSES from old beds, empty of crops (we have to empty them of weeds, too, before we can plant in them again.)

## \* WHAT WE'RE SEEDING:

Not much. The soil is so hot and so dry. Any seeds we put into the ground will just shrivel and fry. So our seeding is on hold for now.

In the greenhouse: LOTS OF FALL LETTUCES

## \* WHAT WE'RE HARVESTING:

Garlic! After 8 months in the ground, we finally harvested all our garlic. We pulled up the stalks, tied them in bunches of 5-10, and hung them in the upper Barn to cure. Expect to see some in 3-4 weeks.

## \* WHAT WE'RE HOPING FOR:

- RAIN RAIN RAIN RAIN (which hopefully will have come by the time you read this)

## \* WHAT WE'RE DOING IN OUR SPARE (!! ) TIME:

- sleeping
- hula hooping
- hanging out in the fantastically cool Concord Public Library
- swimming

## \* WHAT WE'RE LEARNING:

That it is okay to quit work early during heat waves. In fact, it is a good idea.

xo, Laura

